

<b>Tier 1 <u>Medium Alert</u>: what it means for you</b>	
<b>How long will the restrictions be in place?</b>	The restrictions and regulations are reviewed every 28 days.
<b>Meeting with others</b>	You can see people from different households both indoors and outdoors, but only in groups of up to 6 people.
<b>Travel and transport</b>	There are no restrictions on travel or use of transport but you should still wear a face covering.
<b>Staying overnight</b>	There are no restrictions on staying overnight somewhere other than your house. But you can only go away with those outside your household or support bubble in a group of up to 6.
<b>Going to work</b>	You should work from home where possible. Where this isn't possible, workplaces should be coronavirus secure.
<b>Shops</b>	These can remain open.
<b>Hospitality</b>	Restaurants, pubs, cafés and other hospitality venues remain open. However, they must close by 10pm and provide table service.
<b>Exercise and sporting activity</b>	Gyms can remain open.  Organised sport and licensed physical activity are allowed in indoor and outdoor settings but may be subject to certain rules.  You can't attend sporting events such as football matches.
<b>Places of worship</b>	They can open subject to the rule of six, but it's best to check with your place of worship. There are exceptions for weddings and funerals.
<b>Weddings and civil partnerships</b>	Up to 15 people can attend a wedding ceremony and a coronavirus secure sit-down reception.
<b>Funerals</b>	Up to 30 people can attend someone's funeral and up to 15 people can attend someone's wake, but this can't be held in someone's home.
<b>Care home visits</b>	The local decisions about care homes visits continue to apply.
<b>Public buildings, such as libraries</b>	These can remain open.
<b>Tier 2 <u>High Alert</u>: what it means for you</b>	
<b>How long the restrictions will be in place</b>	The alert level is reviewed every 14 days and the rules and regulations are reviewed every 28 days.
<b>Meeting with others</b>	You can see people from different households outside in groups of up to 6 people but you can only meet inside with those in your household or support bubble.
<b>Travel and transport</b>	Journeys should be limited where possible, but you can still travel and use transport to go to the shops, work and hospitality venues that are open. You should still wear a face covering.
<b>Staying overnight</b>	You can only stay overnight somewhere if it's with those in your household or support bubble.
<b>Going to work</b>	You should work from home where possible. Where this isn't possible, workplaces should be coronavirus secure.
<b>Shops</b>	These can remain open.
<b>Hospitality</b>	Restaurants, pubs, cafés and other hospitality venues remain open.  These venues must close by 10pm and provide table service.  You can only go out to these places with people from your household or support bubble, unless you're outside and in a group of no more than 6 people.
<b>Exercise and sporting activity</b>	Gyms can remain open.  Organised sport and licensed physical activity are allowed in indoor and outdoor settings but may be subject to certain rules.  You can't attend sporting events such as football matches.
<b>Places of worship</b>	They can open as long as households don't mix indoors, but it's best to check with your place of worship. There are exceptions for weddings and funerals.
<b>Weddings and civil partnerships</b>	Up to 15 people can attend a ceremony and a coronavirus secure sit-down reception.

<b>Funerals</b>	Up to 30 people can attend someone's funeral and up to 15 people can attend someone's wake, but this can't be held in someone's home.
<b>Care home visits</b>	You should only visit someone in exceptional circumstances, such as if they are at the end of their life.
<b>Public buildings such as libraries</b>	These can remain open.
<b>Tier 3 <u>Very High Alert</u>: what it means for you</b>	
<b>How long will the restrictions be in place?</b>	Areas should only be at this level for 28 days then a review should take place.
<b>Meeting with others</b>	<p>You can meet with others in public outdoor places, such as beaches or parks, but only in groups of up to 6 people.</p> <p>You can only meet indoors or in private outdoor spaces, such as someone's garden, or hospitality venues with those in your household or support bubble.</p>
<b>Travel and transport</b>	<p>Journeys should be minimised, but you can still travel to go to the shops, works and hospitality venues that are open. You should still wear a face covering.</p> <p>You're advised against travelling out of your area (although exceptions apply, for example for work, education or caring responsibilities).</p>
<b>Staying overnight</b>	<p>You can't stay overnight somewhere if it means you will be inside with people outside your household or support bubble</p> <p>You're advised against overnight stays in other parts of the UK and people outside of these very high alert areas are advised not to stay in these areas. If you do stay overnight, it can only be with people in your household or support bubble and you're advised to stay within the very high alert level area.</p>
<b>Going to work</b>	You should work from home where possible. Where this isn't possible, workplaces should be coronavirus secure.
<b>Shops</b>	Shops remain open
<b>Hospitality</b>	<p>Restaurants, pubs and cafés can remain open but may be subject to local closures.</p> <p>These venues have to close by 10pm and must provide table service.</p> <p>Pubs and bars must serve a substantial meal with the purchase of alcohol.</p> <p>You can only go out to these places with people from your household or support bubble.</p>
<b>Exercise and sporting activity</b>	<p>Gyms may be closed, depending on local area decisions.</p> <p>Organised sport and licensed physical activity are allowed in indoor and outdoor settings.</p> <p>You can't attend sporting events such as football matches.</p>
<b>Places of worship</b>	They can open as long as households don't mix indoors or outdoors, but it's best to check with your place of worship. There are exceptions for weddings and funerals.
<b>Weddings and civil partnerships</b>	Up to 15 people can attend a ceremony, but wedding receptions aren't allowed.
<b>Funerals</b>	Up to 30 people can attend someone's funeral and up to 15 people can attend someone's wake, but this can't be held in someone's home.
<b>Care home visits</b>	You should only visit someone in exceptional circumstances, such as if they are at the end of their life.
<b>Public buildings such as libraries</b>	These can remain open dependent on local decisions.